



GRACE RESPITE "AMAZING APRIL"



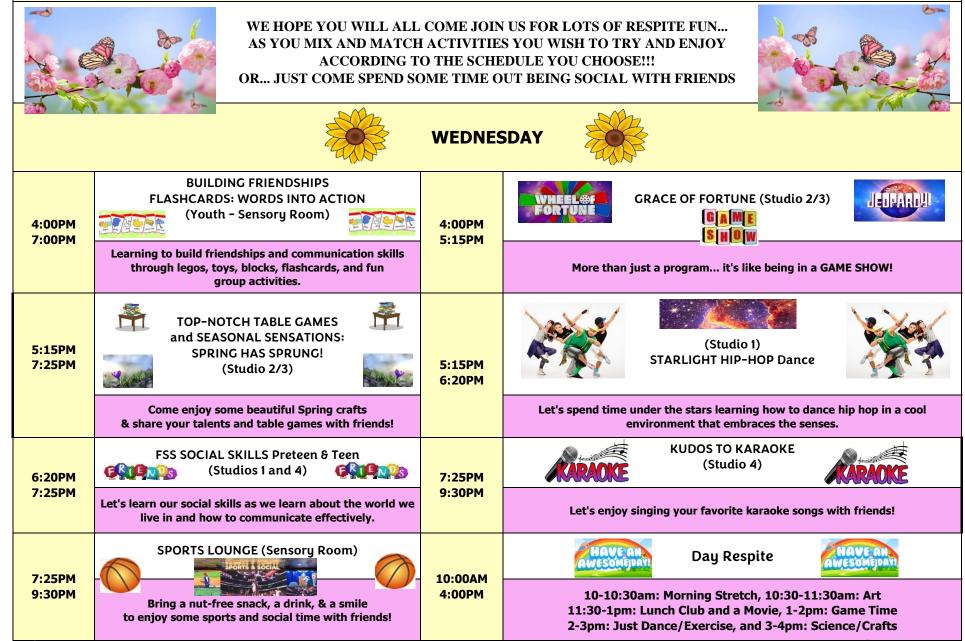


Image: Constraint of the second system Image: Constraint of the second system Image: Constraint of the second system Image: Constraint of the second system Image: Constraint of the second system Image: Constraint of the second system Image: Constraint of the second system Image: Constraint of the second system Image: Constraint of the second system Image: Constraint of the second system Image: Constraint of the second system Image: Constra						
4:00PM <u>5:15PM</u> 5:15PM 6:20PM	(4:00PM) FSS SOCIAL SKILLS THROUGH PLAY (5:15PM) SIMPLY SENSORY (Youth - Sensory Room) Encourages expressing yourself through art activities with social lessons. Then it's time to work on spending time embracing your sensory needs.	4:00PM 5:15PM	GET FIT (Studio 2/3) Image: Comparison of the strength of the strengt of the strength of the strength of the str			
4:00PM 6:20PM	BINGO BONANZA (Studio 4 and Studio 2/3) Welcoming all BINGO lovers! Let's have some BINGO fun and laugh together along the way!	5:15PM 6:20PM	ART & ARTISTS (Studio 4)			
6:20PM 7:25PM	THE GREAT UNO CHALLENGE (Studio 4)	6:20PM 7:25PM	FSS SOCIAL SKILLS THROUGH ART (Teen/Young Adult - Studio 1) Image: Comparison of the state of the stat			
6:20PM 7:25PM	MEANT TO BE A MENTOR THIS MONTH'S MISSION - PRODUCTIVITY MISSION (Studio 2/3)	7:25PM 9:30PM	SPORTS/GAME LOUNGE (Sensory Room)			
	Let's develop a sense of pride & purpose together to support others and ourselves.		Let's enjoy some indoor sports/games, a few nut-free snacks, & friends.			
7:25PM 9:30PM	KARAOKE CONNECTION (Studio 2/3) A high-energy and thoroughly fun-filled time of singing your favorite tunes with a group of friends.	10:00AM 4:00PM	Day Respite 10-10:30am: Morning Stretch, 10:30-11:30am: Art 11:30-1pm: Lunch Club and a Movie, 1-2pm: Game Time 2-3pm: Just Dance/Exercise, and 3-4pm: Science/Crafts			

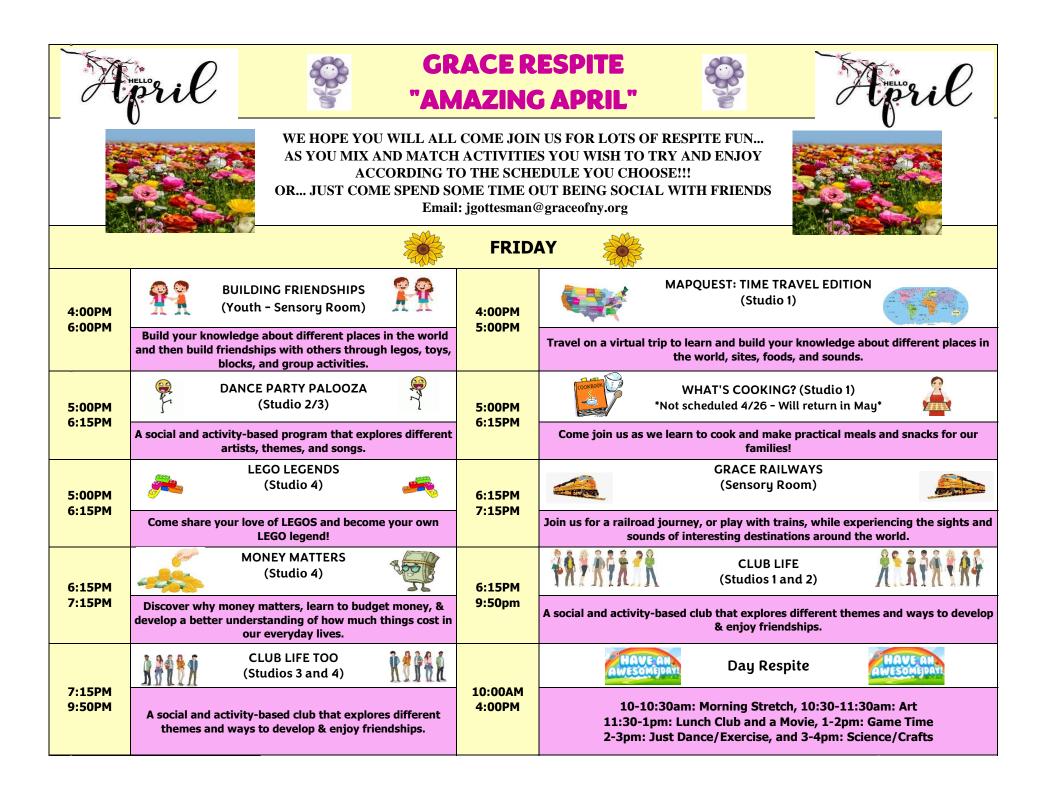


Image: Second state in the processing of the processing state in the procese state in the processing state in the proce					
9:30AM 10:30AM	FSS Social Skills Through Science (Studio 4)	9:30AM 2:30PM	FOCUSED ENERGY (Youth - Sensory Room) Focusing energy on new learning and play skills, while building connections.		
10:30AM 11:30AM	FSS Social Skills - Through DANCE (Preteen - Young Adult: Studio 4) Tap into your love of dance while making social connections with friends.	11:30AM 1:30PM	SCHOLASTIC SEARCH CINEMATIC SURPRISE: PIXAR MONTH (Studio 4) Come explore with us as we search for dynamic ways to discover the ways the world works and then let's learn about cinema and have fun watching movies together!		
10:00AM 1:30PM	YOUR CHOICE (Studio 2/3)	1:30PM <u>3:00PM</u> 3:00PM 4:00PM	RUNWAY READY & CHEERLEADING: <u>TEAM GRACE</u> ! (Studio 2/3)		
	Share independence through wellness such as: Zumba, meditation, discussion of independent achievements, & life skills.		Learn about fashion around the world & make creative projects to present in fashion shows and then, come be part of our GRACE CHEER TEAM!		
3:00PM 5:30PM	ART HISTORY (Studio 1)	5:30PM 9:30PM	#SATURDAYSOCIALSQUAD (Studios 2, 3 and 4) Please note No Squad on 4/6 There WILL be Squad on 4/13, 4/20 & 4/27		
	An in-depth look into American and Global History, which includes group & individual art projects & fun trips!		HASHTAG!! Saturday Social Squad!! Weekly themes with a cool vibe.		







GRAC

WE HOPE YOU WILL ALL COME JOIN US FOR LOTS OF RESPITE FUN... AS YOU MIX AND MATCH ACTIVITIES YOU WISH TO TRY AND ENJOY ACCORDING TO THE SCHEDULE YOU CHOOSE!!! OR... JUST COME SPEND SOME TIME OUT BEING SOCIAL WITH FRIENDS Email: jgottesman@graceofny.org

SUNDAY - NO BOWLING OR PROGRAM AT THE BUILDING ON 4/7/2024 FamiliesApril is Autism Awareness month and you're invited to join us for our first annual GRACE Walk for All, Sunday, 4/7/2024 (https://www.graceofny.org/grace-walk-for-all/) Registration is \$20 per person and includes a GRACE T-Shirt. (Meet us for the 9:00am registration at Turtle Circle, Midland Beach, 300 Father Capodanno Blvd.) You can register as a walker using the form on our website OR you can even create your own team and launch your own fundraising efforts by clicking our Create A Team Button. Please consider participating in our GRACE FundraisersWhere we put the word FUN in FUNDRAISER!!!						
9:30AM 11:20AM	BOWLING	11:30AM 1:30PM	BASEBALL			
	Come enjoy bowling with your friends at Rabs Country Lanes! **PRIOR APPROVAL TO ATTEND IS REQUIRED**		Our GRACE Baseball Team is back in action at Great Kills Baseball Field!! **PRIOR APPROVAL TO ATTEND IS REQUIRED**			
9:45AM <u>10:50AM</u> 10:50AM	PLAY, EXERCISE, & LEARN (Studio 1 and Sensory Room) (Youth/Preteen)	11:00AM	FSS SUNDAY SOCIAL SKILLS (Teen/Young Adult Studio 2/3)			
12:00PM 2:00PM 3:00PM	Come join a structured experience that encourages group participation and discovering how to follow rules through play skills.	12:00PM	Encourages group participation while discovering how to identify feelings and cope with social expectations.			
12:00PM 1:30PM	SUPER STRETCH (Studio 2/3)	1:00PM 2:00PM	FSS SUNDAY SOCIAL SKILLS (Youth/Preteen - Sensory Room)			
	Get your body moving with some high energy exercise with some awesome stretching, and dancing!		A time to work on greetings, listening skills and enjoying various themes, games, discussions, and activities.			
1:30PM 3:00PM	MOVIE MATINEE (Teen/Young Adult Studio 2/3)	2:00PM 3:00PM	BULLET JOURNALING (Teen/Young Adult Studio 4)			
	Come share some laughs and adventure, & bring some nut- free snacks to share with friends during your movie time!		A flexible and customizable system that serves as a habit-tracker, task manager, and motivational planner, utilizing doodles, decorating skills, and personalized creative layouts with colorful pens, markers, and stickers.			
3:00PM 4:30PM	COLLAGE & ARTISTIC EXPRESSION (Sensory Room and/or Studio 2/3) (Teen/Young Adult)	5:30PM 8:00PM	Sunday Night "Building Friendships" Social Club			
	A relaxing time for individuals with artistic talents who enjoy expressing themselves creatively.		(Where dinner is optional, and friends are the main course!) 4/14 & 4/21 : 5:30-8:00pm: 2001 Hylan Blvd			





GRACE RESPITE "AMAZING APRIL"

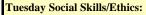






WE HOPE YOU WILL ALL COME JOIN US FOR LOTS OF RESPITE FUN... AS YOU MIX AND MATCH ACTIVITIES YOU WISH TO TRY AND ENJOY **ACCORDING TO THE SCHEDULE YOU CHOOSE!!! OR... JUST COME SPEND SOME TIME OUT BEING SOCIAL WITH FRIENDS** Email: jgottesman@graceofny.org

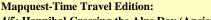




- 4/2: What does the term "gaslighting" mean & how to identify it.
- 4/9: How can you build a healthy ego without seeming egotistical?
- 4/16: How do past events affect our future decisions?
- 4/23: Why is it important to challenge yourself to learn new things?
- 4/30: What is the difference between justice and justifying? *****
- Wednesday Social Skills Preteen/Teen & Teen/Young Adult: 4/3: Let's talk about our dream vacations and places to visit.
- 4/10: Let's play a game of "Would You Rather..."
- 4/17: Let's play a game of "This or That"
- 4/24: Let's talk about our favorite art and music.
- ****
- Thursday Social Skills Through Play (Youth/Preteen):
- 4/4: Let's work on our active listening skills.
- 4/11: Let's listen and follow the directions of a group game.
- 4/18: Let's practice patience and work on sharing.
- 4/25: Let's paint about our feelings together.
- *****
- Thursday Social Skills Through Art (Teen/Young Adult):
- 4/4: Be a rainbow in someone else's cloud.
- 4/11: Kind or unkind cookie jar art project.
- 4/18: Making negative feelings into positive thought
- 4/25: My coping umbrella.







4/5: Hannibal Crossing the Alps Day (Ancient Carthage, Tunisia) 4/12: Gondolas in Venice Day (Venice, Italy) 4/19: Genghis Khan Day (Mongolia) 4/26: Capoeira in Brazil Day (Brazil) ******

GRACE Railways:

4/5: The Faidherbe Train (Paris, France) 4/12: The Sibirjak Train (Germany, Poland, Belarus, Russia, Kazakhstan) 4/19: The Mediolanum Train (Milan, Italy) 4/26: M104 and M201 Railways (Croatia) ******

What's Cooking?:

4/5: Grilled Corn and Ricotta Dip & Lemon Bundt Cake

4/12: Texas Trash Dip & Blueberry Cream Cheese Cookies

4/19: Seven Layer Dip & Oatmeal Cranberry White Chocolate Chip Cookies 4/26: Not Scheduled/What's Cooking will resume in May

- Club Life:
- 4/5: **Celebrity Spotlight**
- 4/12: Pajama Party
- 4/19: "I Am Me" Party
- 4/26: Song Request Dance Party! ********
- Club Life Too:
- 4/5: April Fools Festival
- 4/12: Muppet Mania- Muppet Movie
- 4/19: Earth Day Extravaganza The Lorax
- 4/26: Mario Mystery Party





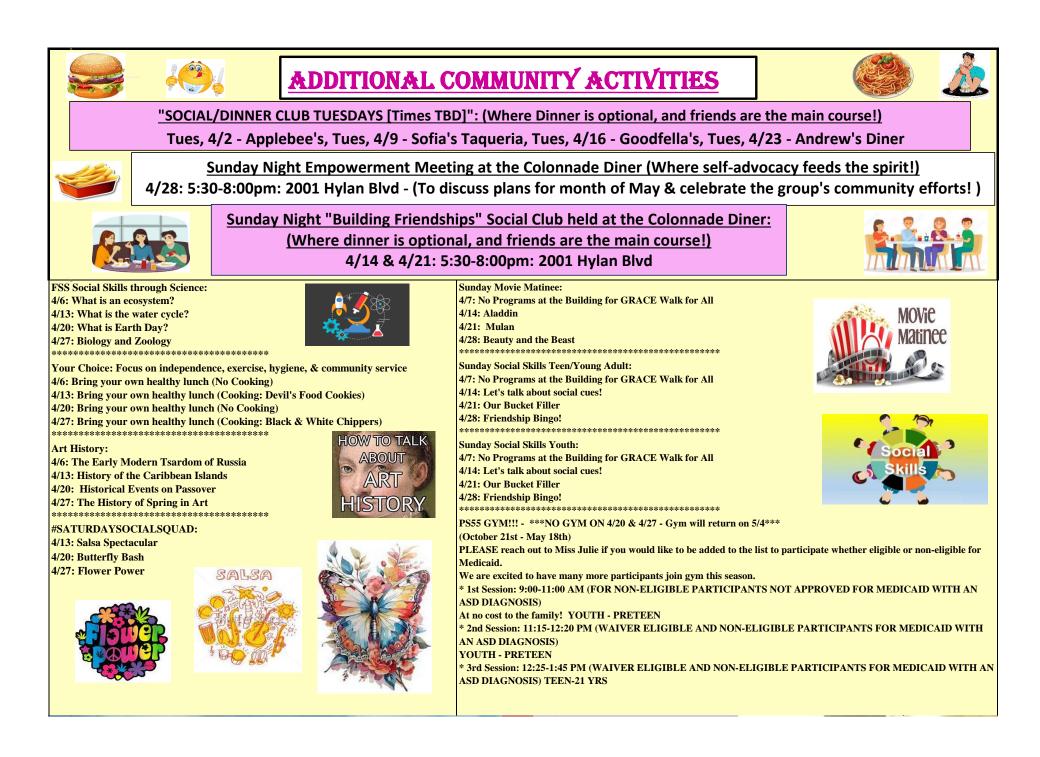












GRACE is Hosting The First WALK FOR ALL for Autism Awareness Month SUNDAY, APRIL 7TH At 10AM For more information regarding this event or to simply make a donation to GRACE, scan the QR code to our website

THE

OUNDATIO

APRII

WALK FOR GRACE

APRIL 7TH 2024

STABLISHED 2000

THE

RAC

FOUNDATION OF NEW YORK

Empowering Autism

- MIDLAND BEACH
- **REGISTRATION 9AM**
- 10AM START TIME



THE

FOUNDATIO

